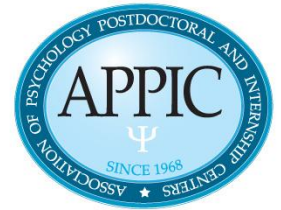


Association of Psychology Postdoctoral & Internship Centers APPIC Central Office Update

Jeff Baker, Ph.D., ABPP, Executive Director

May 2016

About APPIC



The Association of Psychology Postdoctoral and Internship Centers (APPIC) is an educational, non-profit organization with the mission of enhancing internship and postdoctoral training programs in professional psychology.

Members are independent agencies conducting or sponsoring internship or postdoctoral training programs.

APPIC currently has 770 internship program members (40 Canadian) and 187 postdoctoral program members (0 Canadian). There are 448 DPA (Doctoral Program Associates – 8 Canadian) in APPIC. 520 are APA Accredited and 34 are CPA Accredited. 216 APPIC Internships are not accredited.

Applications 2015

The three-year trend of improvement in the imbalance between applicants and positions continued this year

As of December 31, 2015:

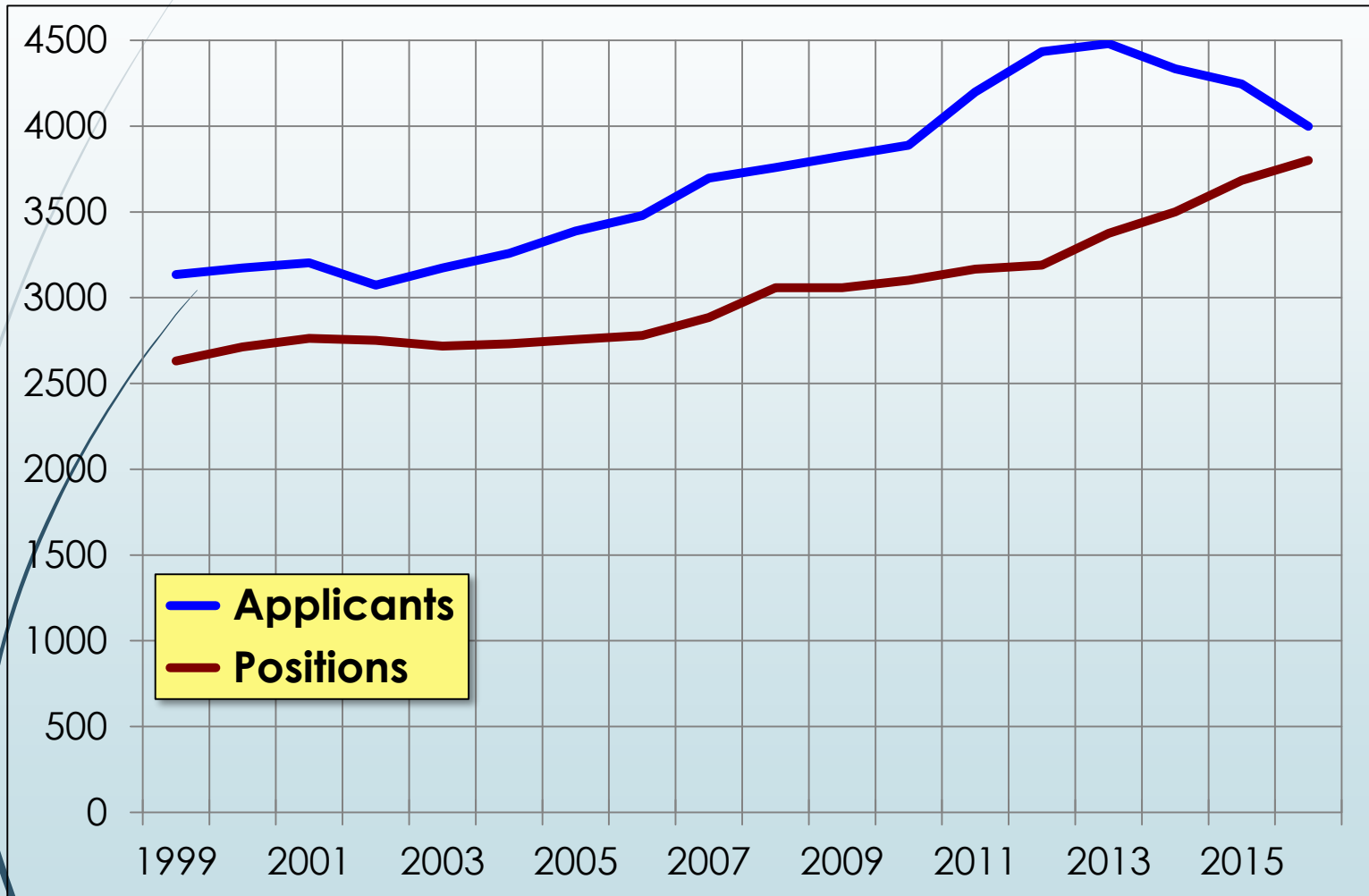
- 3,940 registered applicants
- 3,792 positions offered by 786 registered internship sites
(744 of these registered sites are APPIC members)

Difference: 148 more applicants than positions

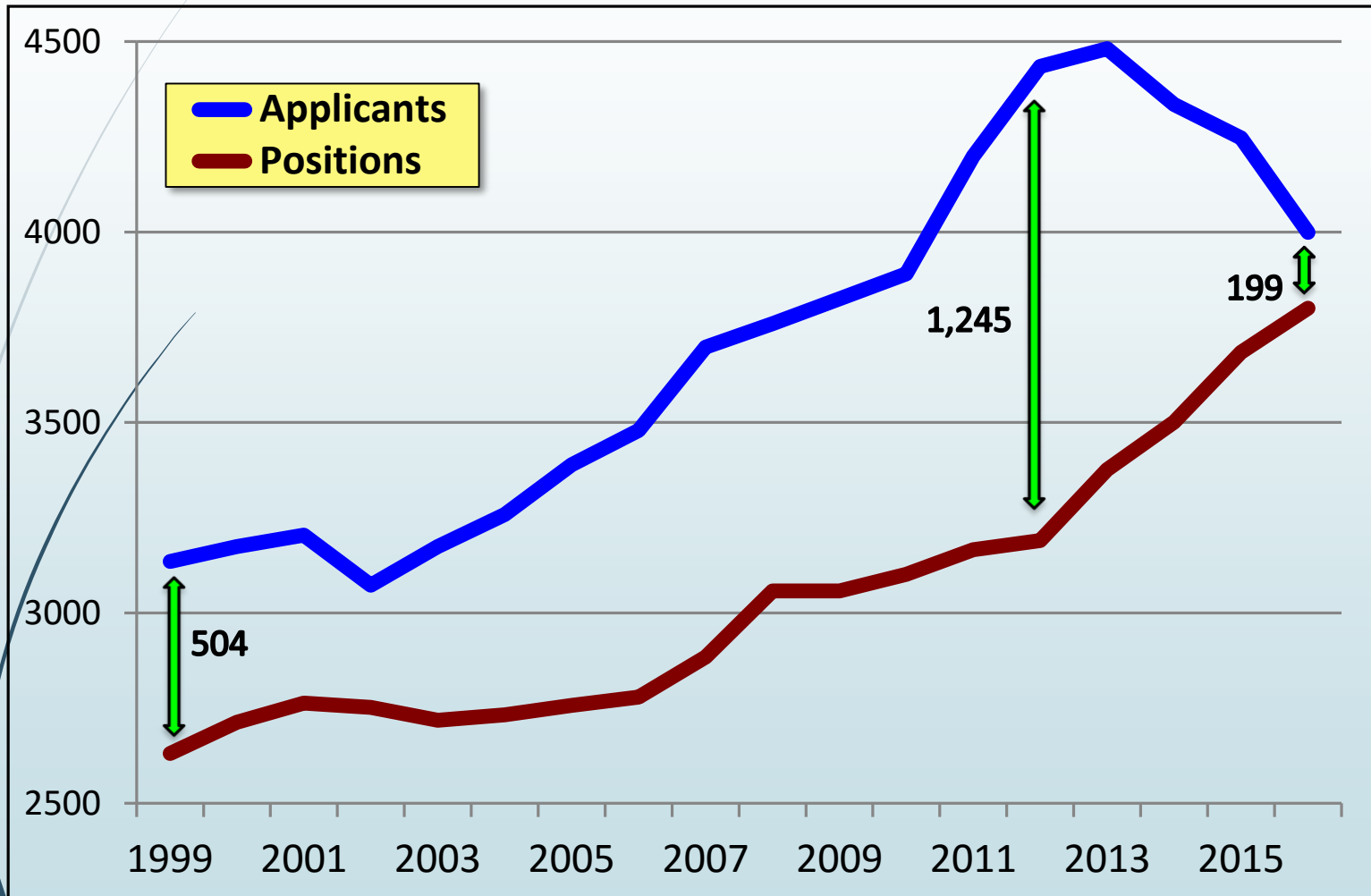
Compared to last year at this time, these numbers reflect:

- A **decrease** of 223 applicants
- An **increase** of 127 positions
- An **increase** of 14 internship sites
- An **increase** of 231 APA- and CPA-accredited positions

The Internship Imbalance: 1999 - 2016



The Internship Imbalance: 1999 - 2016



Implications for APPIC

- **Consider the following:**
 - We were close to balance in 2016. Mostly True.
 - It is expected that there will be continued applicant declines into 2018. Mostly True.
 - Increases in positions *might* continue though some programs are dropping out believing that accreditation will be required soon. Not True.
 - In 2018: 60 currently non-accredited doc programs (351 students) will lose Match eligibility unless accredited. If applicants do not increase there will be a significant excess number of positions. True.
- **The Good News:**
 - Students will begin to feel less pressure though their doc programs may insist/require they go to an accredited site.
- **The Bad News**
 - There were some internships in 2016 that did not fill all of their positions.
 - Programs with only 1 intern for 2016-17 are not sure of the implications of this dynamic.
 - Funding Continues to be a problem at many sites.
 - FLSA Funding vagueness is causing some distress. APA and APPIC are exploring an exemption for internships though many currently claim that exemption.

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Informal Problem Consultation:

The Executive Director and Members of the APPIC Board continue to provide informal, confidential problem consultation to students, interns, postdoctoral fellows, graduate faculty, directors of graduate training, and internship or postdoctoral training directors.

This service is now accessed via the APPIC website (www.appic.org) and consultation requests are made online.

January 1, 2016 – May 25, 2016 – 74 Requests for Informal Problem Consultation. Use the Form!

Informal Problem Consultation (IPC)

APPIC Informal Problem Consultation



APPIC Informal Problem Consultation

Please refer to APPIC policies governing the Informal Problem Consultation (IPC) process. These can be found at the following link: <http://www.appic.org/Problem-Consultation>. Those in the VA, federal prisons or hospitals with restricted access to Google Docs may have to complete this form at home.

This consultation form should be used by APPIC Members, APPIC Doctoral Program Associates (DPAs) and psychology trainees that are enrolled in or completing one of these programs.

Please complete the following information. When you click on submit, the information is submitted to an APPIC Central Office database. Information will be provided to the APPIC Board or Executive Director (usually the chair of APPIC for match release issues). It is expected you will be contacted within 24 Hours of your submission but not longer than 3 working days. If contact information is missing APPIC will have no way to contact you. You may wish to print a copy for your records.

Programs and trainees are encouraged to use this form when they are interested in consultation from APPIC. APPIC generally does not mediate problems but does try to provide an "outside" perspective on the problem. This process is required BEFORE filing a formal complaint (ASARC).

* Required

Your First Name *

Your Last Name *

Institutions relevant to this consultation (Doctoral Program and Internship/Postdoc): *

Please provide the formal name of your training program

APPIC Member Code # of internship or postdoc or DPA # of doctoral program.

Internships and Postdocs are 4 digit numbers from the Directory on Line (DoL)

Please identify if you are: *

Intern / Intern Applicant

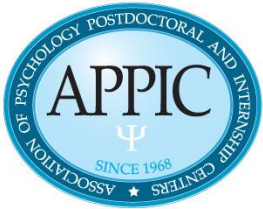


Mentoring Program:

This ongoing program allows established training directors to serve as mentors or consultants to individuals who are developing new training programs. Dr. Mary Mendoza-Newman coordinates this project.

There were 66 requests for a mentor in 2014; 86 requests in 2015 regarding beginning a new internship program.

Mentors are NEEDED! Please complete the online form to submit your name today!



APPIC has a partnership with Liaison International and launched [MyPsychTrack](#). MPT allows students to track their hours and automatically transfer this information into the AAPI. **Onsite supervisors can verify the hours as they occur and DCTs can monitor the progress of their students work and verify for the AAPI.**

MPT is offered at **no cost to students and DPA programs.** A **new release happened in February 2015** which made tracking hours more user friendly but still has needed improvements scheduled. **Dr. Claytie Davis will be coordinating the latest effort to help make MyPsychTrack more user friendly and helpful to applicants and program directors/supervisors.**



New Match Policy



- ▶ Only students from accredited programs will be allowed in the match beginning with the 2017-2018 match cycle for internships starting in 2018.
- ▶ Only programs that have Doctoral Program Associate (DPA) status with APPIC will be allowed to send students to the match.
- ▶ If this were to happen today, 250 students (~3500 applications) would not be in the match.
- ▶ New and developing programs can have up to two years (after 2016) to submit and receive approval for a site visit from APA or CPA accreditation.

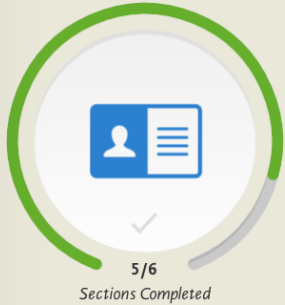


Standardized Reference Form (SRF)

- ▶ The Council of Chairs of Training Councils (CCTC) reviewed and recommended a standardized letter of reference to be used by all internship programs.
- ▶ The Standardized Reference Form has been reviewed and revised for 2016-17.
- ▶ It is now much simpler and easier to complete allowing for more diverse input from letter writers.

APPA CAS

Biographic Information



You may update this information at any time prior to submission. Once you have submitted, the information on this page cannot be edited.

Biographic Information



Contact Information

Citizenship Information



Race & Ethnicity



Other Information



Professional Conduct



Your Name

To make changes to your name, go to the [Profile Section](#)

First or Given Name

Wayne

Middle Name

G

Last or Family Name

Siegel

Suffix

PhD

Alternate Name

Do you have any materials under another name (for example a maiden name, middle name or nickname)?

Yes

No

Gender

What is your gender?

Male

Female

Decline to State

Birth Information



APPA CAS - 2015

	2015	2016
Participating Programs	138	157
Applicants	802	995
Designations (indiv. Applications)	2768	3830
Mean Applications Submitted	3.45	3.85



Geographic Restrictions

- ▶ **The #1 Reason why most students do not match**
- ▶ Flexibility but programs understand the cost of relocating as well as more geographically restricted applicants typically have family obligations and moving affects others who are dependent on the applicant.



Interviews



- **The #1 reason why students do match**
- Open, honest, energetic, flexible, pleasant, interesting, enthusiastic, flexible, informed, knowledgeable, flexible, independent, interested, and flexible.
- Interested in learning; doesn't know it all just yet....



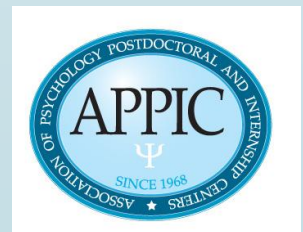
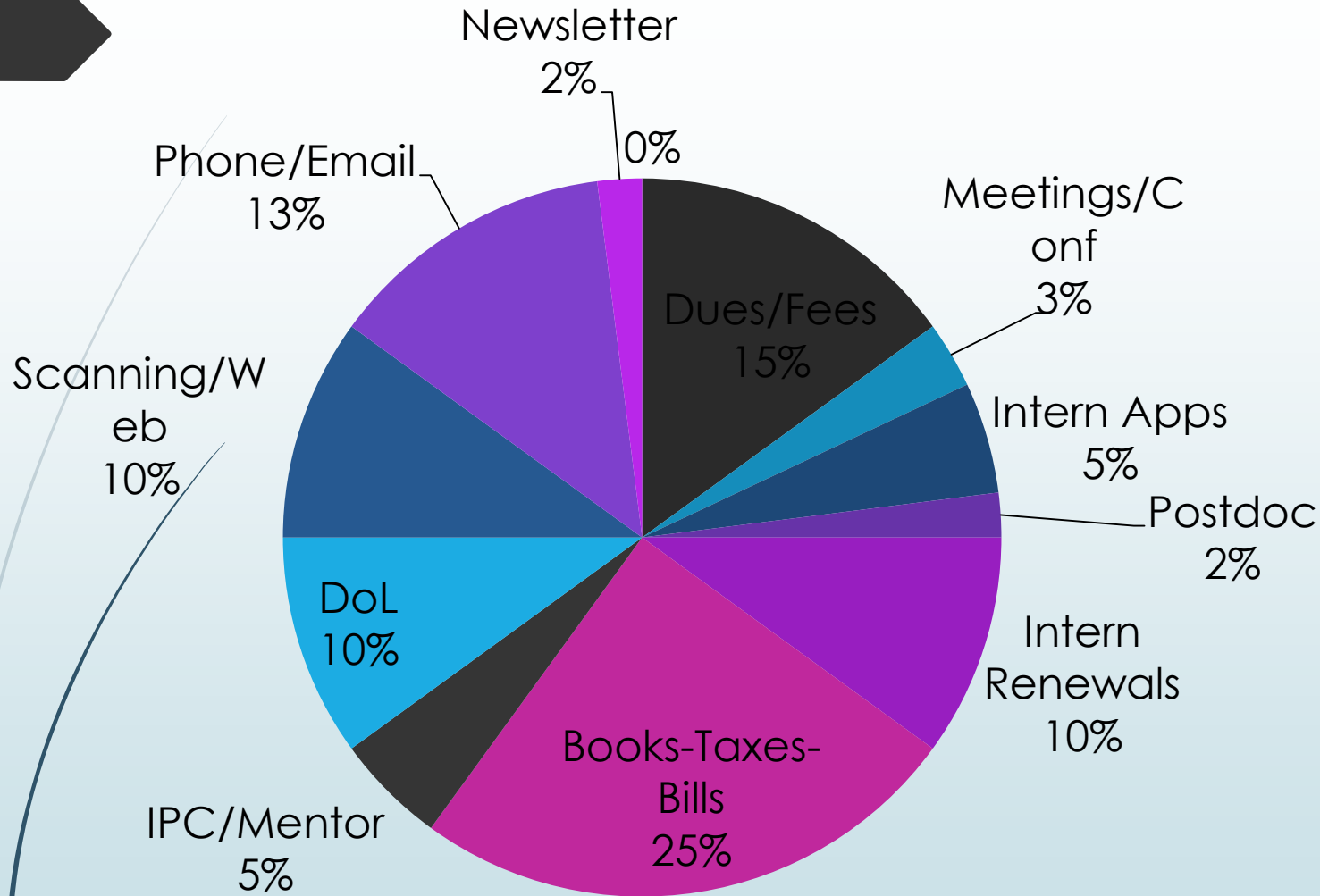
Financial Stability

- ▶ APPIC has approximately 2 million dollars in reserves.
- ▶ The Board expects reductions in AAPI and Match Revenue in the coming years due to decreased applicants and match registrations.
- ▶ APPIC now employs the Match Coordinator, Dr. Greg Keilin in a 12 hour per week position. He served in this position for over a decade without a cost to APPIC.
- ▶ APPIC's Central Office has been able to reduce costs through adaptation of electronic technology. eMembership, DoL, AAPI, APPA, Member Reviews are now all electronic.
- ▶ Expenditures and Revenue are reviewed by the APPIC Treasurer, Mariella Self, Ph.D. – Thomas Green Accounting Services – Wells Fargo Payroll & Taxes.
- ▶ APPIC annually approves a one year budget based on the previous year and has been conservative in their investments while taking into account the expected reduction in revenue. The Board will continue to consider reduced AAPI/Match revenue in budget planning.

APPIC Efforts

- ▶ Mentoring Program to move to Accreditation – Accreditation Readiness Project (ARP). 25 Programs submitted their self-study by December 2015.
- ▶ IPC to assist with students who feel they were not treated fairly according to APPIC membership criteria
- ▶ APPIC has 3 members of the Psychology Internship Stimulus Program – 80 Grants at \$20K – More requested for 2016. The profession needs all internship programs to seek accreditation. This is the perfect opportunity to make this happen.
- ▶ The new eMembership system has improved the application process for new internship and postdoc programs.
- ▶ MPT needs additional improvement to make it easier for applicants to track their hours. Competencies will be added soon.
- ▶ Further actions to be considered, Requests?

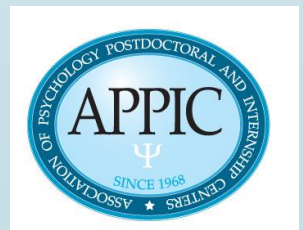
Central Office Estimated Percentage of Effort



APPIC Central Office Staff

Who you gonna call?

- ▶ **3 Year Reviews & Membership Services**
Jessica Shapley (appic@appic.org)
- ▶ **IT and Database, New Membership Applications**
Te'yonna Kossie
- ▶ **Dues, Newsletter and Financial Services**
Jessica Shapley

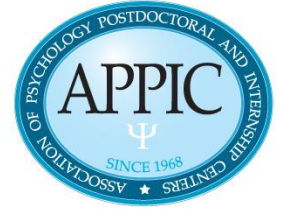




APPIC Directory on Line (DoL)

- ▶ The #1 complaint from students – “This program seems to have dated information” i.e. Application due date: 11/15/13; Interview Notification date: 12/15/13
- ▶ Training Directors are responsible for keeping the public information up to date. APPIC membership criteria and Accreditation Requirements.

Questions



- ▶ Please forward questions or suggestions to jeffbaker@appic.org
- ▶ APPIC – 832-284-4080