

# APIC NEWSLETTER

VOLUME II NUMBER I

NOVEMBER, 1976

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*Founded in 1968, APIC was originally constituted as an informal group of psychologists involved in internship training for the purpose of sharing information about mutual problems. Since its inception, APIC has come to be the primary source of information concerning internship training for various professional and governmental agencies. As the only national organization representing internship training interests, it has been receiving increasing demands for service and information from both students and other organizations. Internship agencies wishing to join APIC should write to: Dr. Ronald E. Fox (address page ii) for membership information.*

ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS

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**ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS (APIC)  
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**Robert J. Silver, Ph.D.**  
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## COMMENTS FROM THE CHAIR

Those of you who have been members of APIC since its inception have probably been impressed, as I have been, with how quickly our organization has gained national recognition as the voice for internship training matters. Three members of the original Executive Committee who have worked very hard and effectively for APIC and who now have completed their terms of office deserve our special thanks. These members are: Lou Cohen and Irv Weiner and Elton Ash, the latter resigning because of family commitments. I believe we should be equally pleased with the stature of their successors, namely, Al Burstein and "Bud" Orgel and Dave Rice who is completing Elton's term of office.

This issue of the APIC Newsletter calls attention to various aspects of growth of our organization and further efforts to obtain and share information from more training centers, e.g., the appointment of regional editors for the Newsletter. This issue also calls attention to the continuing concern over the evaluation of competence in professional practitioners inasmuch as the profession of psychology and its training organizations may well be held accountable for the quality of service provided by its graduates. We should all be familiar with such national guidelines as the APA's Accreditation Procedures and Criteria, its Standards for Providers of Psychological Services, and its Policy on Training for Psychologists Wishing to Change Their Specialty. If you do not have copies of these documents please request a copy from Dr. Carolyn Suber at APA. The criteria for listing in The National Register of Health Service Providers in Psychology are of interest and concern to many of us and our graduates. Because we assume that the nature and quality of training (particularly internship training) relates to competence in professional practice, we hope to devote considerable attention this year to criteria internship training centers' use for admission to training and successful completion of such training. This effort will call for input from all of us and particular effort from committees to be appointed to specifically study these concerns.

Arthur N. Wiens, Chairperson  
Executive Committee

\* \* \* \* \*

## ANNUAL BUSINESS MEETING

The Annual Business Meeting of the Association of Psychology Internship Centers was held on Monday, September 6, 1976, 1:00 P.M. in Washington, D.C. at the Shoreham Americana Hotel. All members of the Executive Committee attended. The Annual Business Meeting which lasted until 3:30 P.M. had an attendance of around seventy persons throughout the entire time.

Ivan N. Mensh, Chairman, announced the results of the election to the Executive Committee: Alvin G. Burstein and Sidney A. Orgel were elected to serve three year terms. David G. Rice was elected to serve a one year term as Elton Ash will be unable to complete the third year of his term. The following position assignments were announced for 1976-1977.

Chair: Arthur N. Wiens  
Secretary-Treasurer: Ronald E. Fox  
Directory Editor: Sidney A. Orgel  
Newsletter Editor: A. Jack Hafner

Ivan Mensh and Louis Cohen then had to leave the business meeting to attend a meeting with Dr. Bertram S. Brown of NIMH to discuss NIMH support for training grant activities FY 1977. Other individuals attending this meeting

would represent APA, the Council of University Directors of Clinical Psychology, the Council of University Directors of Counseling Psychology, and the Council of Graduate Department Chairmen.

In Ivan Hensch's absence, Art Wiens chaired the APIC business meeting. The first agenda item discussed was a proposal by Kenneth Bloom from the VAH Bronx that there be greater flexibility in the reappointment of trainees who wished to be continued for a second year at a training facility. It was thought that informing trainees at an early date (prior to the second Monday in February) might reduce such trainee candidates anxiety and contribute to constructive planning. After considerable discussion it was agreed that this was not a major problem and that APIC should adhere to its present policy regarding internship offerings.

The Treasurer's Report was given and discussed. The treasurer's balance August 10, 1976 was \$1685.44. The treasurer's Report was accepted.

**Association of Psychology Internship Centers  
1975-76 Financial Statement**

Balance on hand, 8/31/75	\$1476.47
Income (Dues and Directory Sales)	<u>3758.45</u>
Total Income . . . . .	\$5234.92

Expenses

E & T Board Liaison	\$ 414.47
Secretarial Costs	103.00
Postage	22.80
Telephone	21.91
Directory (Printing)	1535.00
Directory (Mailing)	53.90
Newsletter	587.63
Executive Board Meeting	775.00
Duplicating	10.89
Refund	4.00
Returned Checks	19.00
Bank Charges	<u>1.88</u>

Total Expenses . . . . . \$3549.48

Total Income	\$5234.92
Total Expenses	<u>3549.48</u>

Balance on Hand, 8/10/76 . . . . . \$1685.44

Respectfully Submitted

## Annual Business Meeting Continued

The APIC Directory of Internship Training Centers was discussed by Sidney Orgel, the new Directory Editor and by Irving Wejner who has been the Directory Editor. The Directory has been an unqualified success and the printing of 500 copies has not nearly met the demand. One copy has been sent to each Training Center listed in the Directory and a copy has been sent to the director of all University clinical and counseling training programs and copies were sold to all those who applied for them. The Directory has featured 242 listings for doctoral internship training and 24 post doctoral listings. It is planned to publish 800-1000 copies this year while maintaining the price of the Directory at \$4.00. Sidney Orgel announced that the next issue would be published by mid November.

This year, as in the past, Stanley Schneider, Chief Psychology Education Branch, NIMH discussed NIMH support for clinical or services training grant activities. He noted that the possibility of a marked reduction of support for basic disciplinary training in mental health, such as psychology in FY 1977, is stronger than ever before. This would include the training programs funded out of the Education Branch for clinical, community, school and counseling psychology and also those grants made for predoctoral internship training and post-doctoral training in the clinical and other applied areas.

Applications for basic training will be directly competitive with those in new training priority areas, special, and pilot mental health training and manpower development projects which address four prevailing mental health service priorities: (1) community based mental health programs, (2) service alternatives to long term hospitalization, (3) services to targeted unserved or underserved populations, i.e. the poor, many minority groups, many children, the aged, and geographical areas (i.e. rural and inner city), (4) preventative mental health services.

Discussion then followed regarding the overall governmental philosophy regarding professional training which has been reflected the past eight years in budget recommendations by the President - i.e., to reduce or phase out training support, the possible emergence of national health insurance, and the current political uncertainties. All point to the present period as being one of possible transition for NIMH. In the discussion, the significance of psychology's role as investigator, generator, and producer of knowledge and role as trainer in the mental health field was emphasized. Many at the meeting stressed the need for psychologists to coalesce on common issues and to organize more effectively if they wished their voices to be heard, if funding is to be provided, and if they wish to have impact on the main stream of health training and legislation. Possible practical strategies were noted regarding a continued federal role in mental health manpower training and other programming. APIC members were also critical of the NIMH focus to separate professional and research training at the doctoral level.

Alfred Wellner, Executive Director of the National Register and Chairman, APA's Committee on Accreditation next addressed the group. He stressed the need for APIC members to be familiar with the published "Standards for Providers of Psychological Services," published by APA and dated September 1974. He noted that these standards for providers of psychological services are being further revised taking into consideration input from APA membership. At the present time a generic system of standards are being developed as there is great diversity in psychology. Revision of standards are to apply to applied professional psychology, clinical psychology, counseling psychology, industrial organization, and school psychology. A major issue is the identification of psychology as a profession. Al Wellner also commented on the implications of

## Annual Business Meeting Continued

standards and accreditation criteria, solicited comments from the group, and urged all to become familiar with current publications related to these issues. Also he stressed the need for national consensus on credentialing. He spoke about the Joint Training Conference which was held in June of this year and of the publication "Education and Credentialing in Psychology" which reflected the results of this meeting attended by 30 conferees representing various psychology interest groups. Copies of this preliminary report may be obtained from the APA Office of Professional Affairs.

Art Wiens led the discussion regarding the need to develop entrance and exit criteria for psychology interns. He summarized the role of APIC to date and that of the Councils of University Directors of Clinical and Counseling Psychology in their joint endeavors to develop guidelines for the required level of competence for students to begin internship training and the expected level of competence at the completion of the internship. He and the Executive Committee of APIC urged those interested in helping to develop standards volunteer their services. A Committee on Internship Standards and a Chairperson will then be designated to work on this project prior to the next annual business meeting.

The desirability of developing a uniform application blank for internship centers was next reviewed and the experience California is having using a uniform application blank was noted. The membership was urged to inform Art Wiens or members of the Executive Committee if they would wish to work on such a project. A Committee on Uniform Application Blank will then be established and a Committee Chairperson and members will be appointed.

Robert J. Silver, Austin State Hospital, Austin, Texas led a discussion related to the need for a clearinghouse for intern applicants and centers. The membership reaffirmed the importance of the problem of intern applicants seeking openings and the problem of internship centers which still had openings the week after the initial offers and acceptances had been made. A clearinghouse service was felt to be desirable that could acquaint any director of clinical or counseling training program that still had a student who needed an internship with those internship centers which still had openings. The third Monday of February (February 21, 1977) or later any APIC member that still has an opening should inform the clearinghouse - Robert Silver will serve as Chairman of this Committee.

Jack Hafner, Newsletter Editor was praised by the Chairman of APIC for his outstanding work as Newsletter Editor. Jack discussed the Newsletter and indicated that copies would continue to be sent to all internship centers in the Directory as well as to representatives of the Council of Directors of doctoral clinical and counseling psychology programs. As only one copy is being sent to an agency, it is important that the Newsletter be circulated to those to whom it can be most helpful. an expanded Newsletter is envisaged and the need for greater information input was stressed. Assistant Editors will provide important regional news. Assistant Editors for this year are:

Robert Flint - Canada  
 Art Kramish - Midwest Region  
 Charles McCreary - Western Region  
 Robert Silver - Southwest Region  
 Robert Goldstein - Eastern Region

Assistant Editorships are still needed for the Rocky Mountain and Southeastern geographical regions.

## Annual Business Meeting Continued

Art Wiens thanked Irving Weiner, Louis D. Cohen and Elton Ash for the meritorious services they had provided APIC as members of the Executive Committee. All were retiring from the Committee at the close of the business meeting.

Under new business and topic discussed was a proposal by Eugene Ebner that the Annual APIC Business Meeting be held on the day preceeding the Annual APA meeting so that more time could be spent on issues and become better acquainted with other APIC members, their roles and functions. Group concensus was that while this would be desirable it would not be practical. Many APIC members are involved in APA or State Meetings held the day prior to the Annual APA Convention. Art Wiens indicated that every effort would be made by the Executive Committee to have the APIC business meeting during the first two or three days of the Annual APA Convention so that as many as possible could attend.

Al Kastlan raised the possibility of their being regional APIC meetings at the time of the meeting of selected Regional Psychological Associations. Discussion on this matter was inconclusive.

The last matter raised was a request for information regarding the monitoring of University Training Programs or internship centers that have not adhered to the APIC agreement regarding internships offers and the time allowed for decisions by the applicants. Art Wiens said that there were seven reports of possible violations noted at the time of the last annual business meeting. This year there were only three reported and the chair had been active in working with those concerned.

The meeting was then adjourned. Following the adjournment ten APIC members offered their services as members of a Committee on Internship Standards or as members of a Committee on Uniform Application Blank for Internship Centers.

Elton Ash, Acting Secretary

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## COMMENTS FROM THE NEWSLETTER EDITORS

To encourage more input to the Newsletter, we have organized the editorial staff on a regional basis. The regions covered by the assistant editors follow the general geographic areas of the regional psychological associations. A call for material for the Newsletter from our assistant editors follows below.

We still are in need of assistant editors for the Newsletter to represent the Rocky Mountain Region and the Southeastern Region. If any of you would like to serve as an assistant editor for one of those regions please let me know. Your assistance will be appreciated.

APIC is also seeking involvement of its membership in other areas as well. I call your attention to the minutes of the Annual Business Meeting, pertaining to the formation of APIC committees to establish entrance and exit criteria for psychology interns and the development of a uniform application blank for internship centers. If any of you are interested in helping in these areas please write to Art Wiens.

Jack Hafner, Editor



## CANADA

Although recognizing that the region of Canada is a large and perhaps over-ambitious area to cover, it is hoped that the training programmes in Canada will be able to use the APIC Newsletter as a forum for discussing issues that are of mutual concern to internship centers everywhere, as well as those issues which are more unique to clinical training in Canada. In some ways, internship training in Canada is still in its early stages of development. Although training programmes have been in existence for a number of years there has been relatively little coordination in their development between provinces. The need for a more comprehensive look at training in Psychology has been recognized and a committee composed of training directors of both university and internship programmes has been formed at the suggestion of Dr. Park Davidson, President of the Canadian Psychological Association. The first meeting of this committee will take place at the Canadian Psychological Association meeting in Vancouver in June of 1977 and any suggestions for issues to be included on the agenda should be directed towards Dr. Terry Hogan, Director of Clinical Psychology Training, University of Manitoba, Winnipeg, Manitoba, R3T 2N2.

A recent development which is of particular significance to students who plan on coming to Canada for their internship training is the Department of Manpower and Immigration's view that an employment visa may be necessary (as opposed to a student visa) for undertaking an internship in Canada. This is not necessarily an insurmountable obstacle for the U.S. citizen who wishes to receive training in Canada, but the student should be sure that the appropriate procedures have been gone through by the training centre with the Department of Manpower and Immigration to avoid any difficulty at the Border.

I would like to ask that internship centres in Canada send comments or items for the Newsletter to me at the following address: Department of Psychiatry, Health Sciences Centre, 700 William Avenue, Winnipeg, Manitoba R3E 0Z3.

Robert de von Flindt, Ph.D.  
Assistant Editor

\* \* \* \* \*

## THE MIDWEST REGION

I would like to request that internship centers in the Midwest Region send news items to me for clearance and coordination with other items of interest and concern regarding psychology internships. This is your opportunity to share with others issues, policies, and practices that frequently surface at internship Centers. For example:

- 1) Some centers provide a research block of time for interns; other centers vary from no time, a percent of time, or "make your own research time."
- 2) Some centers appear to use interns as staff, with staff duties or responsibilities, and they are carried on personnel roles as salaried. Isn't this one of the problems with Tax Exemption when IRS views these studnets as on salary for services rather than on a stipend for required training?
- 3) Wouldn't it be for the interest of internship training that there be an annual meeting of Directors of Internship Training Facilities and University Directors of Psychology Training?
- 4) How are rotations determined and planned for interns? Do training centers have specific guides or is this "loose?"

## Comments from the Newsletter Editors Continued

We are sure there are many thoughts about all of this and a need to ventilate. Why not use the Newsletter for this? The Midwest Region centers should send material to Dr. Arthur A. Kramish, Director Psychological Services and Psychology Training, Western Missouri Mental Health Center, 600 E. 22nd Street, Kansas City, Missouri 64108."

Arthur A. Kramisch, Ph.D.  
Assistant Editor

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## SOUTHWEST REGION

One component in the Newsletter scheme for the development of a set of regional channels of communication related to psychology internship training will assume the great Southwest -- Arizona, New Mexico, Oklahoma, and Texas -- as its geographical focus. While it may well be somewhat curious for a recently landed Northern "carpetbagger" to be involved in the facilitation of this regional communication link, what better way could such an interloper find to become acquainted with regional training activities and issues?

Aside from the fact that a piece originating in the Southwestern region is projected as a regular Newsletter feature, plans regarding precise content and focus for the column are still taking shape. It is generally anticipated that the column will serve both as a communication link among various centers and individuals involved in internship training within the region, and as a vehicle for spreading awareness of our regional training activities and concerns to colleagues in other areas of the United States and Canada.

Clearly, it is the case that a broad range of issues and questions might well qualify for inclusion in the column. To mention but a few distinct possibilities, any or all of the following might be appropriate candidates for our attention:

- A) Announcements of current, new, or novel training occurring in the Southwest;
- B) Explorations of philosophical positions on issues of continuing significance in internship training (e.g., selection, evaluation, supervision, etc.);
- C) Presentations of discussions of empirical research on professional training;
- D) Discussions of APIC organizational issues and the politics of psychology internship training.

With the initial Southwest regional column, we issue a call to all of you involved in internship training in our area to let us know what you are doing and what's on your minds. Please contact us in the Psychology Department, Austin State Hospital, 4110 Guadalupe, Austin, Texas, 78751 so that your activities and ideas may receive visibility in future issues of the Newsletter.

Robert J. Silver, Ph.D.  
Assistant Editor

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## WESTERN REGION

The Sixth Annual Clinical Training Conference hosted by the Fuller Graduate School of Psychology for internship agencies in the greater Los Angeles area was held on June 18, 1976. Thirty five representatives from eighteen internship programs attended the conference. Attendees met for a short general meeting to decide on critical issues that merited discussion and then broke into four small groups that focused on specific concerns of internship centers.

One group was primarily concerned with accreditation criteria of internship centers and this group discussed the need for more definite guidelines from APA regarding accreditation criteria. They discussed the recommendations that the standards for providers of psychological services be included as an accreditation criteria and there was some difference of opinion about how this would work out. The group also discussed the need to go beyond minimum recommendations and that perhaps more precise supervisor-supervisee ratios need to be specified. Differences between internships having general versus specific training purposes and criteria for half-time versus full-time internship training need to be made more specific.

Another group focused on the skills that a clinical psychologist should have when he has finished with his or her basic training at various levels throughout a professional career. The group felt that clinical psychologists are not trained adequately in basic interviewing skills and some members felt that clinical psychologists should receive more training in neuropsychology. The group affirmed the idea that research skills are very important and that psychologists need more competency in basic administrative skills.

Another group focused on the issue of training for the diplomate. People discussed various ways to make diplomate more meaningful such as more specialization of areas of expertise and by documenting the existence of skills beyond what licensing requires.

Other discussion involved continuing education for psychologists and emphasized the need for universities to take responsibility for providing continuing education.

The attendees at the conference felt that the opportunity to meet and exchange ideas and experiences was very helpful. The Newsletter can be a vehicle for sharing some of the experiences of these conferences as well as other items of interest. If any one has information about similar training conferences in the western section of the United States, please send a brief description of the conference to me. If you would like to let others know about when such conferences will be held in the future, please send me information about the future dates and sponsoring institutions. Send items for inclusion in the Newsletter to Dr. Charles P. McCreary, Division of Medical Psychology, UCLA, School of Medicine, Los Angeles, California 90024.

Charles P. McCreary, Ph.D.  
Assistant Editor

\* \* \* \* \*

Comments from the Newsletter Editors Continued

**EASTERN REGION**

I would be pleased to receive statements, comments, questions, etc. from APIC members in the Eastern region who wish to share their opinions, complaints, or confusions with others who are concerned with training.

Material may be sent to Robert H. Goldstein, Ph.D., Division of Psychology, Department of Psychiatry, University of Rochester School of Medicine, 300 Crittenden Boulevard, Rochester, New York 14642.

Robert H. Goldstein, Ph.D.  
Assistant Editor

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**APIC CLEARINGHOUSE COMMITTEE**

At the Annual Business Meeting of APIC in September a proposal was presented to establish a clearinghouse for the assistance of internship centers that still had openings and students who were still seeking an internship position after the usual notifications and acceptance dates in February. It was decided that APIC would set up a clearinghouse to operate from February to March of 1977, under the direction of Robert Silver from a single national site at Austin State Hospital. An ad hoc Clearinghouse Committee has now been formed and includes the following members:

Dr. Eugene Ebner  
Director, Internship Training  
Texas Research Institute of Mental Sciences

Dr. Laurence S. Schoenfeld  
Acting Director, Psychology Residency Training Program  
University of Texas Health Science Center at Antonio

Dr. Coystal T. Stone  
Coordinator, Training and Staff Development  
University of Texas Counseling - Psychological Services Center

Dr. Douglas H. Lamb  
Director, Student Counseling Center  
Illinois State University

Dr. Jeffrey Hersh  
Director, Internship Training  
University of Massachusetts Student Health Service

Dr. Sidney A. Orgel will function as liaison with the APIC Executive Committee.

Following is the proposal for the Clearinghouse which the committee intends to impliment.

## APIC Clearinghouse Committee Continued

### APIC CLEARINGHOUSE PROPOSAL

The following proposal is based on a few assumptions regarding the purpose of the APIC Clearinghouse:

- 1) The APIC Clearinghouse would function as an accurate and timely information channel between directors of university graduate training programs on the one hand, and directors of internship training programs on the other.
- 2) The purpose of the Clearinghouse would be to link unplaced (but bona fide) internship candidates with unfilled (but bona fide) internship openings after the APIC common notification acceptance/rejection period had run its full course.
- 3) The Clearinghouse would be specifically intended as an adjunct to regular application, recruitment, and selection procedures of both graduate training programs and internship centers -- as a kind of "court of last resort." Its intent would not be either to compete with these regular procedures or to imitate matching procedures in existence in medical education.

With the foregoing assumptions as to purpose in mind (plus the assumption that resources for the project will consist almost exclusively of those donated by APIC members), I would make the following preliminary proposal for establishment and operation of the APIC Clearinghouse:

- 1) A single location should be designated as the site of the A.P.I.C. Clearinghouse, which would function as a central point of information and referral. It should be prepared to serve as a conduit for the exchange of certain placement - selection information according to a calendar and in a manner which should be prescribed in a set of rules and procedures established by A.P.I.C.
- 2) Rules and procedures must be established specifying operating calendar, user access, user responsibilities, and type of substantive information to be stored and exchanged.

**CALENDAR:** The Clearinghouse should probably be willing to receive information by mail regarding candidate availability or position openings as soon after operation of the A.P.I.C. first round common notification - acceptance period as the existence of bona fide candidates or positions becomes obvious. February 17 would be the date for 1977. Beginning February 28 (for the year 1977), the Clearinghouse should receive and release by mail or telephone all information on hand. The Clearinghouse should probably cease operation on March 14 for the year 1977.

**ACCESS:** Access to Clearinghouse data should probably be limited to directors of graduate programs on behalf of unplaced but bona fide applicants, and to directors of internship programs on behalf of unfilled but bona fide positions. (Bona fide should probably be defined as candidates and centers who somehow come up empty-handed in spite of having made regular good faith application/recruitment efforts.) Clearinghouse data would ultimately (February 28- March 14, 1977) be exchanged via telephone calls placed by training directors to the Clearinghouse site.

**USER RESPONSIBILITY:** Clearinghouse users should probably be understood to enter into an implied commitment to supply only verified or accurate information to the Clearinghouse and to immediately update such information as changes occur.

## APIC Clearinghouse Committee Continued

**INFORMATION STORED:** The information stored and transmitted by the Clearinghouse should probably be limited to the bare essentials. For the graduate program seeking placement for its student(s), this should probably include: program name, director of training name and phone number, and name(s) of available candidate(s). For internship centers, center name, name and phone number of director of training, number of open positions, and stipend probably constitute necessary data. Both the A.P.I.C. Directory and the A.P.A. Guide to Graduate Study in Psychology should probably be assumed to provide more detailed reference.

3) Both the existence of the Clearinghouse and the rules and procedures by which it will operate should be advertised broadly to directors of university graduate training programs, directors of internship programs, internship candidates, and all other interested parties.

If you have any suggestions, comments, or questions about the plans for the Clearinghouse please address them to:

Dr. Robert J. Silver  
Psychology Department  
Austin State Hospital  
4110 Guadalupe  
Austin, Texas 78751

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## APIC DIRECTORY

The 5th Edition (1976-1977) of the APIC Directory has now been completed. Sidney Orgel, the new Directory Editor expects the Directory to be mailed out during the latter part of October. The Directory will be sent to APIC members and to the directors of graduate programs in clinical and counseling psychology. Because of the demand for the Directory that has been experienced this past year, 1000 copies of the Directory are being printed in contrast to the 500 printed last year. Additional copies of the 5th Edition of the APIC Directory may be obtained by writing to:

Dr. Sidney A. Orgel  
Department of Psychiatry  
SUNY, Upstate Medical Center  
750 East Adams Street  
Syracuse, New York 13210