

APIC NEWSLETTER

VOLUME V, NUMBER 1

OCTOBER, 1979

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ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS

ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS

Membership Statement

The Association of Psychology Internship Centers (APIC) was formed in 1968 to foster the sharing of information about mutual concerns and to provide a uniform voice with respect to internship training interests within APA.

We publish a newsletter twice per year for our members. We are recognized by APA as the primary organization to consult with respect to internship training. Since our inception, we have maintained a formal liaison with APA's Education and Training Board.

We publish an annual Directory of Internship Programs in Professional Psychology, which is intended in part as a service for students. Approximately 1,000 copies of the Directory are now distributed each year. The Directory is updated in late summer.

We also are responsible for establishing for our members a suggested uniform date for the tendering of internship stipend offers. In brief, the policy is: (1) no offers to be made prior to the second Monday in February, and (2) students are to be allowed until Tuesday noon (their time) to respond to initial offers.

Membership is by institution rather than by individual. In order to be a member of APIC, an internship program must be one year full-time or two years half-time, accept only applicants enrolled in a doctoral program in professional psychology, be directed by a licensed professional psychologist, provide training in a range of professional activities, and be willing to provide current descriptions of its program for the APIC Directory.

Membership dues are \$20.00 per year, which runs from July 1 through June 30. To join, please request a Directory Information Form from the Secretary-Treasurer and return it with a check for \$20.00 (dues), made payable to the Association of Psychology Internship Centers.

RETURN TO: Dr. David G. Rice, APIC Secretary-Treasurer
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University of Wisconsin Medical School
600 Highland Avenue
Madison, Wisconsin 53792

ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS (APIC)

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REMARKS FROM THE CHAIR

The annual membership meeting was, as usual, a well-attended and active one. For me, there were two surprises. The first was that rather than squeezing our attendance, of 60-75 individuals into a room for 40-50 as has been usual, this year APA gave us a room for 800! A definite change for the better, and a challenge to improve attendance. The second surprise was in the meeting's length. I had thought our agenda would be brief, but discussion of the items required us to take the full 2 1/2 hours. Next year we'll take a break in mid meeting even if the agenda seems brief.

A number of significant points emerged this year. The first is that the uniform notification procedures are working tolerably well, and the consensus is to live with them unless and until difficulties emerge.

The second is a general question that arises in connection with several specific issues. That question is as to the extent to which APIC is to serve as a policing, regulatory group as opposed to an information dissemination group. The difficulty lies in the reality that while the second is our main purpose, regulation cannot be entirely avoided. Perhaps the question ought to be put as to whether regulation should be maximized or minimized.

For example, shall we forbid members from taking unfunded interns? Discourage them? Point out the benefits of providing funding if that is possible? Simply indicate whether or how much support exists?

An argument can be made for each of the alternatives. Whatever choice we finally make should be made without moralistic bombast that assumes the irreversible iniquity of those that disagree.

On the specific issue of developing a policy with regard to unfunded interns, it seems sensible to begin with data. Accordingly, this newsletter contains a survey with respect to practice in this area which I urge you to fill out and return. The results will appear in a later edition of the newsletter, or will be presented at the next year's annual meeting, or both.

We hope, by next year's meeting to have made a decision about incorporating APIC as a not for profit tax exempt organization. We need to determine the cost of that, and the potential savings to us, mainly in sales tax on printing costs.

Although we did not discuss the issue at the annual meeting, a number of you have expressed concern about the proposed specialty written by the Committee on Standards for Providers of Psychological Services (COSPOPS). The previous generic standards were approved by the Council of Representatives on the recommendation of the Board of Professional Affairs, and have been widely accepted and seen as useful.

The objections to the specialty standards seem to be fourfold. First, there is a feeling that COSPOPS has not adequately utilized input from the various constituencies that would be affected. Second, there has been no convincing demonstration of the need for specialty standards. Third, the drafts deal with heterogeneous issues which may be important, but better dealt with in other ways (e.g. by licensing or accreditation), and, last, the format of the drafts does not facilitate economy of wording and ready comparison across specialties. APIC has joined with the directors of training in clinical,

counseling, and school psychology in making these concerns known to APA.

Another issue that we did not discuss at the annual meeting had to do with a proposal that the Education and Training Board establish a standing committee for graduate education in psychology, parallel to its committees on undergraduate education, high school psychology, and continuing education. Your Executive Committee has written in support of the proposal and argued that the committee should contain members active in internship and practicum training.

Let me close by thanking you for your confidence and support. All of us on the Executive Committee look forward to a busy and productive year.

Alvin G. Burstein, Ph.D.
Chairperson

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ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS

MINUTES OF THE ANNUAL BUSINESS MEETING - SEPTEMBER 3, 1979

NEW YORK SHERATON HOTEL, NEW YORK CITY 3:00-5:50 P.M.

I. Introduction of the Executive Committee

Dr. Alvin Burstein, APIC Chairperson, introduced the Executive Committee (E.C.) and reported the results of the recent election for new E.C. members. Dr. Burstein and Dr. Sidney Orgel were re-elected by vote of the membership to three-year terms on the E.C. By recent vote of the E.C. members Dr. Burstein was re-elected as Chairperson.

Dr. Burstein announced that the proposed APIC By-Laws had passed unanimously in a recent mail ballot of the membership and were now in effect.

II. APIC Directory

Dr. Ronald Kurz is the Editor of the 8th Edition of the APIC Directory. He has replaced Dr. Orgel as Editor. Dr. Kurz announced that the Eighth Edition of the Directory has been compiled and is currently at the printers. The expectation is that the Directory will be in the mail by September 30, 1979. He announced that 840 copies of the Seventh Edition of the Directory were distributed by Dr. Orgel. Dr. Kurz reviewed the changes between the Seventh and Eighth Editions of the Directory. He reported that the Eighth Edition will have 274 internship agencies and 60 postdoctoral training agencies listed. The price of the Directory will remain at \$6.00.

III. APIC Newsletter

Dr. Jack Hafner, Newsletter Editor, reported that currently the Newsletter is publishing 400 copies. He indicated APIC's appreciation to the Regional Editors and announced that the South Eastern region is in need of an Editor. The region involves those states which are included in the South Eastern Psychological Association. Anyone interested in serving as South Eastern Regional Editor should let Dr. Hafner know. Articles for publication in the Newsletter are solicited and welcomed. Dr. Hafner also announced that he will retire

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Alvin G. Burstein, Ph.D.
Chairperson

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from his duties as Newsletter Editor following publication of the Spring, 1980 issues. By unanimous vote, the Association recognized Dr. Hafner's contribution to the Association.

IV. APIC Clearinghouse

Dr. Robert Silver, Director of the APIC Clearinghouse, gave a report on the past year's operations. As previously, there appears to be an excess of positions available to applicants using the services of the Clearinghouse (the ratio is approximately 2.5 positions to 1 applicant). This past year saw a conversion from a phone based information exchange to a mail exchange. The results for 1979 indicated approximately 30-40% of the 20-25 applicants who sought the use of the Clearinghouse were placed in internship positions. Dr. Silver also expressed appreciation to the APA Monitor on behalf of APIC for providing advertising space in the February, 1979 issue.

V. Secretary-Treasurer's Report

Dr. David Rice reported a balance on hand (as of August 15, 1979) of \$6,666.08. A financial statement is appended. During the period 8/25/78-8/15/79 the total income was \$10,527.25 and total expenses were \$6,920.17. The financial year began with a balance on hand (as of August 25, 1978) of \$3,059.00. The major expenses continue to be printing of the Directory, reimbursement to E.C. member for liaison to the APA E & T Board meetings and for the APIC Mid Winter E.C. meeting, and for Newsletter printing. The large current balance on hand is partially reflective of the new financial year, which as of 1979 was switched from September 1 to July 1. At this point, approximately 60% of the member agencies have paid their 1979-80 dues, and the major share of income expected for 1979-80 has been collected at this point.

To meet an anticipated increase in future expenses, Dr. Rice proposed that APIC dues be raised from the current \$20.00 to \$25.00, beginning with the 1980-81 year. A motion on this proposal was obtained and seconded and was passed with no dissent by vote of members present.

VI. Uniform Notification Procedures

Dr. Burstein reiterated the new Uniform Notification Guidelines, which were in effect for the first time during 1979. There seemed to be general sentiment on the part of members present that the new procedures had worked relatively well.

A discussion of issues surrounding intern notification and acceptance followed. The question of continued exploration of a matching plan was raised and discussed. Dr. Burstein indicated that he would report back to the membership on this after having contacted the Council of Directors of Graduate Training in Clinical Psychology, who had expressed interest in exploring this matter with APIC.

Dr. Al Blumberg read an alternative series of selection and notification proposals drawn up by Dr. Gordon Derner. In this proposal the university director of clinical training would serve as a liaison in the selection and notification process. A report of Dr. Derner's proposals is given in this issue of the Newsletter, in order to stimulate further discussion of these ideas by the membership.

VII. Report of the Committee on Entrance and Exit Standards for Internship Training

Dr. Larry Beutler, Chairperson of this Committee, recently compiled a report and sent it to the E.C. The Committee's report summarizes preparation standards and gives guidelines for an agency or program to evaluate its training efforts. Representative evaluation forms used by selected APIC member agencies are contained in the Appendix of the report. Dr. Burstein indicated that the Committee's report will be put into final form and distributed and made available to the membership at some point during the next 12 months.

VIII. Insurance for Professional Psychology Interns

Dr. Cynthia Belar gave a report, from a survey done by APA, of insurance provisions for trainees at APA approved internships. In general, Dr. Belar reported that most agencies do provide some form of malpractice and/or professional liability coverage for trainees. The majority also either provide or make available to the trainee some form of health insurance. A report of the APA survey is included in this issue of the Newsletter.

A discussion of the report followed, and there was a suggestion that names of agencies which do not provide liability coverage for trainees should be publicized. This led to a more general discussion of the role of APIC as a "pressure group" in terms of attempting to reinforce standards that agencies would adhere to. The membership present seemed divided over whether APIC should include such a role within its purview. Additional discussion centered on whether providing certain forms of insurance (e.g., life insurance) could define trainees as "employees" and have consequences for the tax exempt status of internship stipends.

IX. Issue of Unfunded Internship Positions

Dr. Burstein raised the issue of whether the APIC membership wished to take a position regarding trainees who are given unfunded internship positions. A lively discussion of this issue followed. A suggestion was made a summary of current internship stipend level, obtained from the Eighth Edition of the APIC Directory, be published in the Newsletter. A survey of the membership with regard to practice regarding unfunded internships and feelings on the issue of unfunded internship positions will be undertaken.

X. Report from the Veterans Administration

Dr. Charles Stenger summarized the V.A. activities during the past year. He indicated that congressional passage of a bill requiring V.A. psychologists to be licensed was expected in the near future. Dr. Stenger also indicated that currently there are 22 V.A. internships and 5 consortia which have received APA accreditation status.

In regard to funding, Dr. Stenger reported that the Senate Appropriations Committee has recommended restoration of a proposed cut of \$900,000 in the V.A. psychology training budget. This amount would be taken from the total medical budget and would help to stem the recent trend of increasing "medical" funding while decreasing "allied health" (including psychology) funding.

XII. NIMH Report

Dr. Stanley Schneider gave a report of NIMH and Psychology Training Branch

activities during the past year. Dr. Schneider indicated that there has been a major shift in the NIMH support policies for basic education training grants in the various mental health disciplines, including psychology. The impetus for the shift came from the President's Commission on Mental Health. Dr. Schneider indicated that no longer will federal support be given to "generic" training programs in professional psychology. Instead, NIMH will support programs who address one or more of the following priority aspects. These have to do with underserved populations and associated institutional settings, including: 1) programs which serve rural or inner city populations, 2) programs which serve children and/or adolescents, minority populations, the elderly, victims of violence, e.g., rape, and correctional populations, 3) programs which prepare psychologists for work in underserved settings, e.g. community mental health centers, correctional settings, and general hospital settings, 4) programs which increase psychologists who are minority group members, 5) programs which address strategies for primary prevention in the mental health area, 6) programs which prepare psychologists who work in the general health care field, especially with primary health care providers, and 7) those programs which facilitate linkages between educational facilities and agencies which utilize the "products" of such educational programs.

Dr. Schneider indicated that there will still be an emphasis on the basic quality of the program, which elaborates its training along one or more of the above priority lines. He reported that there is some congressional interest in a payback requirement for trainees who receive stipends. Dr. Schneider indicated that he anticipated some special problems if such a provision were passed for psychology and expressed his hope that ultimately, working in a research, training or serve capacity could be adequate for payback.

Dr. Schneider indicated that approximately 45 NIMH supported programs will end their project support period this year, including 24 internship centers. This is a fewer number of programs than last year.

In regard to funding, Dr. Schneider indicated a 14 million dollar increase in available funds to NIMH was expected during the coming year. Of this, the amount of the budget directed at clinical psychology training will remain approximately the same as last year and the research budget will be increased slightly.

Dr. Schneider indicated a major change has occurred in the review process for training grant requests. The review of training grant applications will be done by a large review committee of 34 members, including 12 representatives from psychological sciences. He indicated, at this point, no one has yet been named to Chair the Clinical Review Training Committee.

Dr. Schneider indicated that he anticipates research training stipend levels will be raised sometime in the near future and, in all likelihood, an increase in clinical stipends will soon follow. Problems will, of course, occur if the amount of budgeted training funds are not increased proportionately. If this were to happen, the result would likely be a drop in the number of trainees who could be supported. Dr. Schneider concluded his presentation with the statement that approximately 65% of graduates of doctoral training programs in psychology go into jobs in public service facilities.

The meeting was adjourned at 5:50 p.m.

Respectfully submitted,

David G. Rice, PH.D.
Secretary-Treasurer, APIC

ASSOCIATION OF PSYCHOLOGY INTERNSHIP CENTERS

1978-79 Financial Statement

August 15, 1979

| | | |
|---|-----------------|--------------------|
| Balance on hand (8/25/78) | | \$ 3,059.00 |
| TOTAL INCOME: | | |
| (dues, directory sales, and interest) | | 10,527.25 |
| EXPENSES: | | |
| Postage reimbursement | | |
| (Dr. Orgel's office) | \$ 459.67 | |
| (Dr. Burstein's office). | 15.00 | |
| Liaison, APA Education & Training | | |
| Committee Meetings | | |
| (Dr. Burstein) | 708.60 | |
| APA Monitor | | |
| (Classified Advertising) | 60.00 | |
| Estabrook Printing Company | | |
| (Directories and letterhead paper) | 3,465.73 | |
| Dr. Jack Hafner | | |
| (Newsletter printing). | 810.00 | |
| Partial reimbursement for APIC Mid-Winter | | |
| Meeting | | |
| (Drs. Belar, Burstein, Hafner, Orgel, | | |
| and Rice. | <u>1,401.17</u> | |
| TOTAL EXPENSES | \$6,920.17 | |
| TOTAL INCOME & BALANCE ON HAND 8/25/78. | | \$13,586.25 |
| TOTAL EXPENSES | | <u>6,920.17</u> |
| BALANCE ON HAND | | <u>\$ 6,666.08</u> |

Respectfully submitted,

David G. Rice, Ph.D.

REPORT ON APIC DIRECTORY

SEPTEMBER 3, 1979

The Eighth Edition (1979-1980) of the Directory is now at the printer. We expect the printed volumes to be in the mails by September 30, 1979 at the latest. This is two weeks sooner than previous editions, which should make it more useful to graduate students and Directors of Doctoral Training Programs.

Gratis copies of the Directory are distributed to members of APIC and to the members of the Councils of the Directors of Training Programs. Requests for additional APIC Directories should be sent, with a check for \$6.00 payable to APIC, to Ronald B. Kurz, Ph.D., Department of Pediatric Psychology, Children's Hospital National Medical Center, 111 Michigan Avenue, N.W., Washington, D.C. 20010.

The Eighth Edition of the Directory contains a small increase in number of pre-doctoral internship entries, suggesting that the APIC membership is beginning to plateau. Post-doctoral entries have increased by 23% as will be seen in the accompanying Table.

The recency of entries shows some improvement over last year's edition. As can be seen in the Table, approximately 80% of both pre-and post-doctoral entries in the Eighth Edition are current, i.e. up-dated this year. The Directory contains no entries older than 1977.

Despite the rapid increase in the number of APA-approved internships, our Directory still lists more than 90% of the approved programs.

In addition to the listings of training programs, the new Directory contains the recently revised APIC By-Laws, a statement of the requirements for Membership in APIC and for listing in the Directory, information on the APIC Clearinghouse, and forms for applying for APIC membership, submitting Directory information, and ordering copies of the Directory. Although the Eighth Edition is somewhat larger than the previous one, we have been able to keep production costs at approximately the same level.

Respectfully submitted,

Ronald B. Kurz, Ph.D.
Directory Editor

APIC DIRECTORY

Seventh Edition
(1978-79)

Eighth Edition
(1979-80)

| | | | |
|---|-----|-----|---|
| Total Pre-Doctoral Entries | 255 | 274 | Total Pre-Doctoral Entries |
| % Current (1978) | 74% | 79% | % Current (1979) |
| % 1 year old (1978) | 15% | 17% | % 1 year old (1979) |
| % 2 years old (1978) | 11% | 4% | % 2 years old (1979) |
| % New entries (1978) | N/A | 16% | % New entries (1979) |
| % Inclusion APA-Approved Programs (1978) | 92% | 91% | % Inclusion APA-Approved Programs (1979) |

| | | | |
|--------------------------------|-----|-----|--------------------------------|
| Total Post-Doctoral Entries | 46 | 60 | Total Post-Doctoral Entries |
| % Current (1978) | 20% | 80% | % Current (1979) |
| % 1 year old (1978) | 74% | 4% | % 1 year old (1979) |
| % 2 years old (1978) | 6% | 15% | % 2 years old (1979) |
| % New entries | N/A | 38% | % New entries (1979) |

| | | | |
|--------------------|------------------|---------------------------------|--------------------|
| Total Pages | 324 | 348 | Total Pages |
| Directory in Mails | October 15, 1978 | September 30, 1979 or sooner | Directory in Mails |

A REVIEW AND EVALUATION
OF
1979 APIC CLEARINGHOUSE OPERATIONS

(Robert J. Silver and Ross Miller, Austin State Hospital and The University
of Texas at Austin - August 28, 1979)

Pursuant to 1978 decisions of the Executive Committee and of the General Membership, APIC continued operation of its Clearinghouse for the third consecutive year in 1979. Operations were again conducted through the facilities of the Austin State Hospital Psychology Internship Program. While operating policies were virtually identical to those governing 1977 and 1978 activities, two noteworthy procedural modifications were instituted this year. The first of these changes was the initiation of an information exchange system which involved the publication, on demand, of continually up-dated listings of unfilled positions and unplaced candidates. Such listings were immediately mailed to directors of internship centers or graduate programs who had requested assistance. This procedure was established as a potentially more accurate and economical alternative to prior years' oral information exchange via long distance telephone.

The second potentially important development involved the need for additional timely and visible publicity for the Clearinghouse. The editor of the APA Monitor was quite responsive to this need, and a thirteen column-inch display notice was run in the Figure, 1979 issue of the Monitor. This substantial publicity was provided by the Monitor as a service to the large segment of the professional psychology community interested in information regarding Clearinghouse services. Monitor publicity was an important addition to publicity already available through APIC's own Newsletter and annual Directory.

Clearinghouse Activity

Table 1, 2, and 3 summarize the volume and sources of contact initiated with the Clearinghouse during its 1979 operation.

(For condensation purposes for this Newsletter, the tables will appear after the main context of this review)

Table 1 reveals that the overwhelming majority of "new" contacts are initiated during the first six weeks of Clearinghouse operation. Sporadic contacts do, however, continue right up to the start of the next training year.

Tables 2 and 3 show that again in 1979, unfilled positions exceeded unplaced candidates by approximately 2.5 to 1. Of the 153 unfilled positions, approximately one-third were in APA-approved centers; and VA Hospitals were the most frequently reported sites. Of the 62 unplaced candidates, approximately 40% were enrolled in APA-approved graduate programs. These figures reflect a slight increase in the volume of unfilled positions and unplaced candidates as compared with 1978.

Evaluation

Evaluation questionnaires were again distributed to all 1979 consumers of Clearinghouse services. The return rate was 65% for Internship Centers of 54% for Graduate Programs. Consumer satisfaction data are summarized in Table 4. Only responses which were clearly in the affirmative or clearly

A REVIEW AND EVALUATION OF 1979 APIC CLEARINGHOUSE OPERATIONS

in the negative are included. The data tend to support the view of a generally favorable reception accorded Clearinghouse operations. The one notable exception to this rule lies in Internship Centers' expression of considerable dissatisfaction with the actual effectiveness of the Clearinghouse in filling their empty positions. With respect to this issue, the Centers and Graduate Programs were surveyed this year as to the Clearinghouse's actual effectiveness in linking candidates and positions.

Extrapolating from the data provided by questionnaire respondents, the following appear to be the actual outcomes of Clearinghouse contact:

- A) An Internship Center listed with the Clearinghouse can expect to be contacted by two to four Graduate Programs with unplaced candidates.
- B) A Graduate Program listed with the Clearinghouse can expect to be contacted by nine to ten Internship Centers with unfilled positions.
- C) Between 20 and 25 candidates (30% - 40% of those who were unplaced) are actually placed as direct results of information and referral services provided by the Clearinghouse.

Another issue assessed as part of the Clearinghouse evaluation procedures related to conversion to a mail based information dissemination procedure. Only two-thirds of the responding Centers and one-half of the responding Graduate Programs expressed an opinion on this subject. Of those, approximately 60% preferred mail or felt mail was acceptable, while 40% preferred telephone communication.

Budget

The 1979 Clearinghouse was again operated without cost to APIC.

Conclusions and Recommendations

In spite of the fact that the measureable effectiveness of the Clearinghouse in actually linking available candidates with unfilled positions is only modest, users clearly express, and have always expressed, a virtually unanimous desire for this central point of information and referral to be continued. Data available for the first time this year seem to support the belief that the Clearinghouse is indeed useful in placing a portion of strong and available candidates.

The major problem, and perhaps the major frustration of Center directors, seems to lie in the continuing undersupply of good candidates for unfilled slots. The 2:1 or 3:1 ratio of unfilled slots to unplaced candidates, which has become an annual predictable event, occurred again this year. The Clearinghouse can in no way offer a solution to this problem, if indeed it is a problem.

On balance, then, the role of the Clearinghouse as a central point of information seems to be one worth maintaining.

TABLE 1

FREQUENCIES OF NEW CLEARINGHOUSE CONTACTS:
February, 1979 - August, 1979*

| | <u>Internship</u> | <u>Graduate Programs</u> |
|----------|-------------------|--------------------------|
| February | 46 | 18 |
| March | 23 | 14 |
| April | 4 | 0 |
| May | 2 | 2 |
| June | 3 | 1 |
| July | 2 | 1 |
| August | 0 | 1 |
| | <u>80</u> | <u>37</u> |

*Only initial contacts are reflected in these data. Some Centers and Programs had multiple contacts with the Clearinghouse. Such follow-up contacts are not reflected here.

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TABLE 2

SOURCES OF CLEARINGHOUSE CONTACTS WITH INTERNSHIP CENTERS
February, 1979-August, 1979

| | <u>Internship Centers</u> | | <u>Unfilled Positions</u> | |
|--|---------------------------|-------------|---------------------------|-------------|
| Totals | <u>80</u> | <u>100%</u> | <u>153</u> | <u>100%</u> |
| APA-Approved | 17 | 21% | 51 | 33% |
| Not APA-Approved | 63 | 79% | 101 | 67% |
| Type of Settings: | | | | |
| VA Hospital | 23 | 23% | 39 | 26% |
| CMHC | 13 | 16% | 22 | 14% |
| Public Psychiatric Hospital | 10 | 13% | 23 | 14% |
| Residential Treatment Center (Child-adolescent) | 6 | 8% | 17 | 11% |
| Univ. Counseling Center | 6 | 8% | 7 | 4% |
| Private Psychiatric Hospital | 4 | 5% | 5 | 3% |
| General Hospital | 4 | 5% | 8 | 5% |
| Medical School | 4 | 5% | 8 | 6% |
| Child Guidance Center | 3 | 4% | 3 | 2% |
| Army Medical Center | 1* | 1% | 12 | 8% |
| Private Outpatient Clinic | 1 | 1% | 3 | 2% |
| Correctional Institute | 3 | 4% | 4 | 3% |
| VA Outpatient Clinic | 1 | 1% | 1 | 1% |
| Pediatric Hospital | 1 | 1% | 1 | 1% |

*includes four separate geographic locations

TABLE 3

SOURCES OF CLEARINGHOUSE CONTACT WITH GRADUATE PROGRAMS:
February, 1979 - August, 1979

| | <u>Graduate Programs</u> | | <u>Unplaced Candidates</u> | |
|---|--------------------------|------|----------------------------|------|
| | | | | |
| Totals | 37 | 100% | 62* | 100% |
| APA-Approved | 20 | 54% | 25 | 40% |
| Not APA-Approved | 17 | 46% | 37 | 60% |
| Type of Program: | | | | |
| Clinical Psychology | 20 | 57% | 28 | 45% |
| Counseling Psychology | 9 | 24% | 14 | 23% |
| General Psychology | 2 | 5% | 2 | 3% |
| Combined School/Clinical Child Psychology | 1 | 3% | 1 | 2% |
| Professional Psychology | 1 | 3% | 10 | 16% |
| School Psychology | 1 | 3% | 5 | 8% |
| Combined Community/Clinical Psych | 1 | 3% | 1 | 2% |
| Educational Psychology | 1 | 3% | 1 | 2% |

*includes four post-Ph.D. candidates

TABLE 4

CONSUMER SATISFACTION WITH 1979 APIC CLEARINGHOUSE

| <u>QUESTION CONTENT</u> | <u>INTERNSHIP CENTER</u> | | <u>GRADUATE PROGRAM</u> | |
|--|--------------------------|-----------|-------------------------|-----------|
| | <u>yes</u> | <u>no</u> | <u>yes</u> | <u>no</u> |
| Clearinghouse timing optimum? | 81% | 19% | 94% | 6% |
| Prefer different operating calendar? | 19% | 81% | 18% | 82% |
| Operational procedures clear? | 98% | 2% | 84% | 16% |
| Operational procedures effective? | 76% | 24% | 94% | 6% |
| Information stored appropriate and sufficient? | 85% | 15% | 94% | 6% |
| Information stored accurate? | 96% | 4% | 100% | 0% |
| Clearinghouse effective in helping locate positions or candidates? | 50% | 50% | 94% | 6% |
| Continue Clearinghouse in the future? | 100% | 0% | 100% | 0% |

COMMENTS FROM THE NEWSLETTER EDITORS

With the departure of Stan Berent from the Southeastern Region, the APIC Newsletter is without an assistant editor for that region. Anyone interested in becoming the Assistant Editor for the Southeastern Region please let me know. Your assistance will be very much appreciated.

May I call your attention to the Questionnaire on unfunded internships which is printed as a colored tear-out in the present issue of the Newsletter. Your response to this questionnaire is very important.

The Newsletter encourages the membership to send in news and notes, letters to the editors or position papers on matters related to internship training. We are also interested in information about innovations in training including innovative new internship programs. The Newsletter will put in announcements of approval of internships by APA's Committee on Accreditation provided that a copy of the approval letter accompanies the announcement sent to the Newsletter. We also invite brief reports of applied research that is relevant to internship training with the reports limited to the two printed pages for the Newsletter.

Jack Hafner, Ph.D.
Editor

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INTERNESHIP TRAINING IN CANADA

Two recent developments in Canadian Psychology promise to have important benefits for interneship training in Canada. Previous issues of this Newsletter have mentioned that Canadian psychology is not of one mind about the preferred mode of interneship training. One faction sees interneship training as merely an extension of the graduate training program. In this model, interneship training has the function of teaching specific, circumscribed skills to students in limited term placements frequently scheduled between academic years. Each graduate program has a number of these placements at its disposal, and supervisors in these settings have adjunct appointments to the graduate program.

The other model of interneship training is more familiar to the readers of this Newsletter. It consists of independently organized interneship training programs which offer one year placements to students who are selected from many different graduate programs. These programs feel that they offer more than specific skill training. They see themselves as offering an exposure to an advanced level of understanding of the psychological rationale behind the offering of human service programs, a base upon which students can develop career, continuing education and skill improvement programs and a finishing school-transition experience between the graduate program and the job market.

In the past, the pattern of location of these two schools of thought has paralleled the political divisions of Canada. In this case, limited term interneships are advocated by graduate programs located in Eastern Canada where most graduate programs are located. The newer programs in Western Canada have struggled to decide what form of interneship they would advocate, waivering between the influence of Eastern Canada and the model of the U.S. Just as Western Canada has felt disaffected politically from the Eastern influenced, federal government, so I believe have the programs of Western Canada come to feel disaffected from the influence of Eastern Canadian Psychology.

At a recent meeting of the Directors of Canadian Clinical Psychology Training Programs, directors of Western programs unilaterally and independently announced they were all opting for accreditation by the American Psychological Association. The Canadian Psychological Association has no accreditation standards. Accreditation is coming to be seen in Canada as an increasingly valuable tool in the development of programs. One Western Canadian program is already accredited by the APA. Another is now in the process of accreditation. With the recent announcement, one established program is beginning the process while a new program is forming itself to qualify for APA accreditation. These decisions are seen as adding increased demand for APIC style internship training in Canada.

A second development of import for internship training is the announcement of a movement from within the Canadian Psychological Association to have the CPA develop accreditation standards for Clinical Psychology Training programs. Clearly if this movement succeeds, Canadian programs already accredited by the American Psychological Association will have some influence in suggesting standards to be adopted by CPA. While such standards will obviously reflect issues that are unique to Canada, we would hope that such a movement would allow re-examination of the efficacy of the differing models of internship training in Canada and a more widescale adoption of the APIC model. APIC members will be surprised to discover that battles fought many years ago in the United States are still being fought in Canada.

Eric Ellis, Ph.D.
Assistant Editor

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FROM THE MIDWEST REGION. . . .

Lt. Colonel Alvin J. Wooten, Director of Clinical Psychology Residency Program at Wright-Patterson Air Force Base, Ohio, informs us that their medical center now has a "clinical psychology residency program." The program is in its second year. During the first two years, 5 interns were trained. Currently, 6 interns are in training. The staff consists of 8 clinical psychologists. An APA site visit was recently made and Dr. Wooten indicates that they are looking forward to accreditation. It is interesting that their program is called a "residency", and the interns referred to as "residents." This change was made since they felt it was more consistent with the status of the intern. In responding to Dr. Wooten, he was asked how he would resolve the confusion in identifying psychology interns from psychiatric residents, if they had the latter. No response to this has been received as yet. Dr. Wooten has an extensive brochure on training available describing the program. Anyone interested may write to him in care of The Department of The Air Force, Medical Center, Wright-Patterson (AFLC), Wright-Patterson AFB, Ohio 45433.

Arthur A. Kramish, Ph.D.
Assistant Editor

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The Ninth Annual Clinical Training Conference sponsored by the Fuller Graduate School of Psychology was held in June of 1979. Representatives from approximately 20 internships in clinical psychology from the southern California area were present. Much of the discussion focused on problems involved in the application process. The representatives from field training and internship programs came to a consensus about a number of recommendations.

The participants felt that clinical psychology training programs should give more attention to students in their efforts to select appropriate internship settings. Students should be counseled about specific training centers and, hopefully, students would limit the number of internships they apply to. Students should be encouraged to rank their choices and to accept an internship offer if their first choice is obtained. The participants also would like to see improvement in the procedure for obtaining letters of recommendation. Students should be notified that they should give a reference at least three weeks notice before writing a letter of recommendation. The participants generally agreed that the APIC guidelines for acceptance of internships were satisfactory. They felt that the universal date for acceptance was important; however, there was a fairly unanimous opinion that students should be encouraged to make decisions as soon as possible. It was hoped that heads of clinical training programs would take heed of these recommendations.

Charles P. McCreary, Ph.D.
Assistant Editor

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FROM THE SOUTHEASTERN REGION. . .

Below is a description of an innovative internship in rural community mental health:

Background

The Smoky Mountain Area Mental Health Center is located in the seven most western counties in North Carolina. While geographically larger than the states of Rhode Island and Delaware combined, the population is less than 125,000 people. Two counties have about 6,000 people and no stop lights. It is a rural area. It is also very beautiful being in the Appalachian mountains and containing about one half of the Great Smoky Mountain National Park.

By federal and state designation the Smoky Mountain Area Mental Health Center is a comprehensive community mental health center and has recently been designated as one of four model area mental health programs in North Carolina. The center has outpatient and partial hospitalization facilities in each of its seven counties and in addition has a halfway house for alcoholics, operates residential camps for emotionally disturbed children, provides special education and mental health services to the Cherokee Indian Reservation, and has a 24-bed inpatient psychiatric facility.

Emergency services during regular working hours are available through each of the seven centers. After-hours emergency services are available via a crisis telephone set-up and the use of radio pagers to provide necessary face-to-face contact. An extensive child and youth program operates in the public schools to deliver outpatient and consultation-education services.

Other consultation-education activities include written contracts for consultation with numerous community agencies; mental health courses taught in local technical schools; bi-monthly workshops provided for a variety of community target groups and an education project for offenders convicted of driving under the influence of alcohol. Inpatient services are also provided through the state hospital and through agreements with three local general hospitals in addition to the psychiatric inpatient unit.

Current staff includes thirteen doctoral level psychologists, eighteen master's level psychologists, and four psychiatrists as well as mental health nurses, clinical social workers, and interns.

Training

The twelve month internships will be divided into four three-month blocks. During the first block, 32 hours per week of the intern's time will be spent in adult outpatient services, (including therapy, record keeping, case staffing, and supervision), four hours per week in consultation-education/prevention, and four hours per week in one of the following areas of service: partial hospitalization, alcoholism, research and evaluation, administration, or mental retardation.

During the second three-month block, 32 hours per week of the intern's time will again be spent in adult outpatient services, four hours per week in consultation-education/prevention, and four hours per week in one of the five service areas (partial-hospitalization, alcoholism, research and evaluation, administration, or mental retardation) not chosen the first block. During the third three-month block, 36 hours per week of the intern's time will be spent in children's outpatient services, which occurs primarily within the public school systems, and four hours per week in consultation/prevention. During the fourth three-month block, 36 hours per week of the intern's time will be spent in the center's inpatient facility and four hours per week in consultation-education/prevention. Finally, throughout the 12 month internship the intern will be trained and participate in the center's after-hours emergency service program.

Within the above framework the intern will spend time being directly supervised by a doctoral level clinical psychologist. The time for this will vary from one to five hours per week depending on the intern's skills and length of time in a particular block. In addition the intern will be supervised through regular weekly multi-disciplinary clinical staffings.

Finally, the intern will participate in regular monthly inservice training workshops sponsored by the center. In the past these workshops have included the following topics: transactional analysis, group therapy, child abuse, drug abuse, learning disabilities, and mental retardation.

Jerry A. Coffey, Ph.D. is the Associate Area Director of the Smoky Mountain Area Mental Health at P.O. Box 280, Dillsboro, North Carolina 28725.

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