



Clinical Supervision

A COMPETENCY-BASED APPROACH

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Clinical Supervision: A Competency-Based Approach is a comprehensive, up-to-date scholarly resource for training and supervising mental health practitioners. Supervision has for years been central to training psychologists and other mental health professionals in clinical settings, and in that time supervisors have worked with little or no framework or guidance. Supervisors need no longer tolerate this state of affairs. This presentation of theory and research is tailored to contemporary practice and training requirements with an emphasis on the identification and development of specific competencies in both trainees and their supervisors. This book guides readers through a science-informed process of supervision that clearly delineates the competencies required for good practice. The authors have geared this integrative approach to mental health professionals who currently provide supervision in academic, training, and treatment settings as well as to students and practitioners who are studying the supervision research and theory for the first time. *Clinical Supervision* provides guidance on both clinical and supervisory competencies and accounts for recent legislative initiatives mandating training in supervision. This will be the standard resource on supervisory and clinical competence for many years to come.

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