



# Define, Shape, and Build: Creating a Postdoctoral Competency Based Didactic Series

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Consortium for Advanced Psychology Training



## The Setting

- Consortium for Advanced Psychology Training (CAPT) offers a two-year APA approved clinical health psychology (CHP) postdoctoral fellowship
  - Three Member Hospitals + Michigan State University FAME
- Program places a strong emphasis on a didactic curriculum run by the faculty

## The Need

- APA site visit indicated the need for a didactic curriculum that was “systematic and cohesive” and that provided consistent training to all fellows
- Cultural and individual diversity issues presented consistently

## STEP1: Define and Plan

In 2005 - Workforce committee consisting of Consortium faculty and representing all three member hospitals began a redesign of didactic curriculum

- Identify what the major areas of knowledge or training are to establish basic competency as a health psychologist

Assessment of:

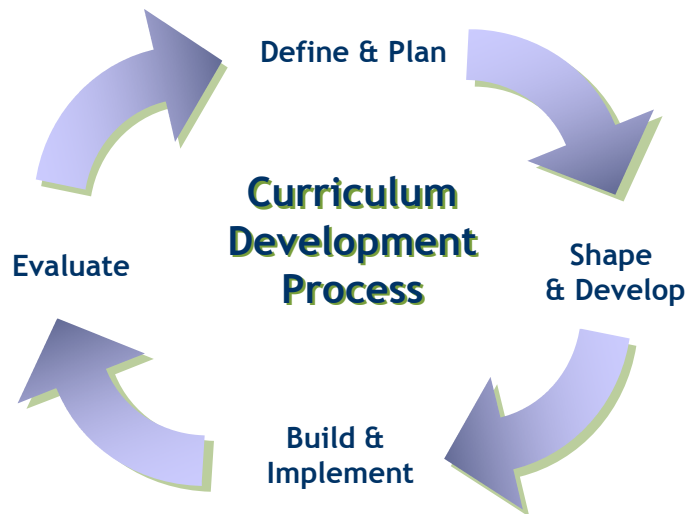
- Current CAPT curriculum
- Review of literature
- Faculty consensus opinions - critical areas for CHP



Workforce Members (2005)  
Heather Kirkpatrick, Ph.D., ABPP  
Maria Fimiani, Psy.D.  
Russell Ames, Ph.D.  
Elizabeth Outman, Ph.D.

## STEP 2: Shape - Six Key Domains Identified

Content Areas	Sessions	Pediatric
Functioning as a Psychologist in a Medical Setting	12	1
Assessment	11	1
Coping with Chronic Illness	12	1
Psychology in Primary Care	15	2
Health Related Behavior Change	5	1
Professional Development	9	1
Individual & Cultural Diversity Integrated		
Pediatrics distributed across topic areas		



## STEP 3: Build and Implement

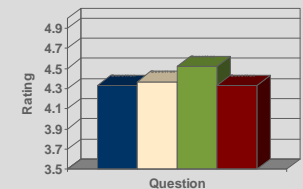
- Block Coordinator (Faculty) identified for each content area
- Curriculum developed for content areas
  - Goals and Objectives
  - Followed recommendations of subcommittee
- 64 total Sessions over two years
  - Half of the content in each area presented each year

## STEP 4: Evaluate

- Fellows receive email immediately following each session with a link to online evaluation form
- Four questions plus written feedback from attendees
  1. Preparation, organization, and clarity of presentation
  2. Speaking ability and communication skills of presenter
  3. Receptive attitude towards fellows' concerns, views, and participation
  4. Advanced my understanding of the topic

### Evaluation Summary Report: 2005-2007 Functioning as a Psychologist in a Medical Setting

#### Summary of Ratings



#### Ratings and Comments

Session Date	Comments
09/19/2005	I believe the book tied in nicely with the discussion that was presented in seminar. I think it was a good way to start off the year by discussing the differences

- Presenter has online access to completed evaluations (blinded) on their presentations
- Evaluation for each session is provided in summative fashion
- At end of two-year cycle, Block Coordinators are provided with summary results of ALL sessions for use in re-assessment of curriculum and session specific changes as needed